



August 2017

Independence Hill Retirement Resort Community

Sun	Mon	Tue	Wed	Thu	Fri	Sat
ACTIVITY AREAS AA: Artistic Alley AL: Assisted Living AS: Aerobic Studio BY: Assisted Living Back Yard BR: Billiards Room CHR: Chorus Room CR: Computer Room DR: Dining Room FC: Fitness Center GTR: Gardenia Tea Room IV: Independence Village IVY: Assisted Living Ivy Room	LBY11: Building 11 Lobby LIB11: Building 11 3rd Floor Library ML: Main Lobby PA: Pool Area PDR: Private Dining Room PUB: Coffee Pub RC: Medical Team Resource Center RL: Assisted Living Resident Lounge TH: Theater **: Sign Up Required	1 7:30 Men's Breakfast** - PDR 9/10:30 Sittercize - AS 9:00 Water Aerobics - PA 9:30 Errand Shuttle Close By** 12:45 Card Games - LBY11 1:00 Beginning Bridge - GTR 1:30 Zumba Gold - AS 2:00 Tech Time w/Tommie** - CR 3:30 Calendar Chat & Idea Sharing - PUB 7:45 Bingo - DR	2 9:00 Bowling** 9:00 Bible Study - AA 9:00 Men's Bridge - GTR 9:15 Fitness - AS 10:00 Beall's** 10:30 Pokeno - AA 11:00 Chair Yoga - AS 12:45 Bridge & Cards - GTR 1:00 Mexican Train - LBY11 1:00 Alterations - AA 1:30 HEB Blanco** 1:30 Health Check - RC 3:30 Word of God - LIB11 6:00 Mahjong - LBY11 7:00 Movie - TH	3 9/10:30 Sittercize - AS 9:00 Water Aerobics - PA 11:30 Ballroom Cardio - AS 1:00 Beginning Bridge - GTR 2:00 Lft - Rt - Cntr - PUB 2:30 Tour Around The World With Alan To Utah** - TH 3:00 Episcopal Service - AA 6:30 Hand & Foot - LBY11 6:30 National Watermelon Day Festivities - PA	4 9:00 HEB Wilderness Oak** 9:00 Men's Bridge - GTR 9:15 Fitness - AS 10:00 Vendor Ann's Arts & Crafts - PUB 10:30 Texercise - AS 11:15 Line Dancing - AS 12:45 Bridge & Cards - GTR 1:00 Dollar & Container Store** 1:00 Catholic Mass - CHR 2:00 Super Bingo** - IVY 6:30 Music & Dance With DJ Masquerade - AS 7:00 Movie - TH	5 9/10:30 Sittercize - AS 9:00 Water Aerobics - PA 10:30 Coloring, Crochet & More - AA 12:45 Card Games - GTR 1:00 Bridge - LBY11 1:30 Western Movie Hour - TH 7:00 Movie - TH 7:45 Bingo - DR
6 8:10 Church Shuttles** 9:00 Non-Denominational Church Service - GTR 9:00 Methodist Shuttle 10:15 Lutheran Shuttle 2:00 Scenic Drive** 4:00 Musical Guest Resident Karaoke - GTR 7:00 Movie - TH	7 9:00 Bowling** 9:00 Bible Study - AA 9:00 Men's Bridge - GTR 9:15 Fitness - AS 10:30 Texercise - AS 10:30 Bible Study - PDR 12:45 Card Games - GTR 1:00 Duplicate Bridge - LBY11 1:00 Walmart/Costco** 7:00 Movie - TH	8 9/10:30 Sittercize - AS 9:00 Water Aerobics - PA 9:00 SAS Shoe Factory & Olive Garden Lunch** 12:45 Card Games - LBY11 1:00 Beginning Bridge - GTR 1:30 Zumba Gold - AS 1:30 Art With A Twist** - AA 7:45 Bingo - DR	9 8:45 Ft. Sam** 9:00 Bible Study - AA 9:00 Men's Bridge - GTR 9:15 Fitness - AS 11:00 Chair Yoga - AS 12:45 Bridge & Cards - GTR 1:00 Mexican Train - LBY11 1:30 HEB Wilderness Oak** 3:30 Word of God - LIB11 6:00 Mahjong - LBY11 7:00 Movie - TH	10 9/10:30 Sittercize - AS 9:00 Water Aerobics - PA 11:30 Ballroom Cardio - AS 1:00 Beginning Bridge - GTR 2:00 Lft - Rt - Cntr - PUB 2:00 National S'mores Day Festivities - PA 3:00 Episcopal Service - AA 3:00 Newcomers Social - PDR 5:15 Family Night At McNay Museum** 6:30 Hand & Foot - LBY11	11 9:00 HEB Blanco** 9:00 Men's Bridge - GTR 9:00 Beltone** - AL 9:15 Fitness - AS 10:00 Vendor Gloria's Unique Jewelry - PUB 10:30 Texercise - AS 11:15 Line Dancing - AS 12:45 Bridge & Cards - GTR 1:00 Catholic Rosary - CHR 2:00 Cold Stone Creamery** 7:00 Movie - TH	12 9/10:30 Sittercize - AS 9:00 Water Aerobics - PA 10:30 Coloring, Crochet & More w/Friends - AA 12:45 Card Games - GTR 1:00 Bridge - LBY11 1:30 Western Movie Hour - TH 7:00 Movie - TH 7:45 Bingo - DR
13 8:10 Church Shuttles** 9:00 Non-Denominational Church Services - GTR 9:00 Methodist Shuttle** 10:15 Lutheran Shuttle** 2:00 Scenic Drive** 4:00 Musical Guest - Steve Slief Band - GTR 7:00 Movie - TH	14 9:00 Bible Study - AA 9:00 Men's Bridge - GTR 9:15 Fitness - AS 9:30 Ripley's Believe It Or Not Museum** 10:30 Texercise - AS 10:30 Bible Study - PDR 12:45 Card Games - GTR 1:00 Duplicate Bridge - LBY11 7:00 Movie - TH	15 9/10:30 Sittercize - AS 9:00 Water Aerobics - PA 9:45 Errand Shuttle Far Away** 10:30 Alzheimer's Support Group with Pat Berger - TH 12:45 Card Games - LBY11 1:00 Beginning Bridge - GTR 1:30 Zumba Gold - AS 2:00 Tech Time w/Tommie** - CR 2:30 Birthday Party - DR 4:00 Happy Hour, Crumpets** 7:45 Bingo - DR	16 8:45 Armchair Astronomy, Solar & Lunar Eclipses: Disappearing Bodies** - IVY 9:00 Bowling** 9:00 Bible Study - AA 9:00 Men's Bridge - GTR 9:15 Fitness - AS 10:30 Pokeno - AA 11:00 Chair Yoga - AS 12:45 Bridge & Cards - GTR 1:00 Mexican Train - LBY11 1:00 Alterations - AA 1:30 HEB Blanco** 1:30 Health Check - RC 3:30 Word of God - LIB11 6:00 Mahjong - LBY11 7:00 Movie - TH	17 9/10:30 Sittercize - AS 9:00 Water Aerobics - PA 11:30 Ballroom Cardio - AS 1:00 Beginning Bridge - GTR 2:00 Lft - Rt - Cntr - PUB 3:00 Episcopal Service - AA 3:00 Wine Club** - PUB 6:30 Hand & Foot - LBY11 6:30 See the Sea, Learning Frenzy Nassau & Sharks** - GTR	18 7:30 Breakfast At Tiffany's - DR 9:00 HEB Wilderness Oak** 9:00 Men's Bridge - GTR 9:15 Fitness - AS 10:00 Vendor Marie's Jewelry - PUB 10:30 Texercise - AS 11:15 Line Dancing - AS 12:45 Bridge & Cards - GTR 1:00 Catholic Rosary - CHR 2:00 Bunco - GTR 6:30 Music & Dance With John Works - AS 7:00 Movie - TH	19 9/10:30 Sittercize - AS 9:00 Water Aerobics - PA 10:30 Coloring, Crochet & More w/Friends - AA 12:45 Card Games - GTR 1:00 Bridge - LBY11 1:30 Western Movie Hour - TH 7:00 Movie - TH 7:45 Bingo - DR
20 8:10 Church Shuttles** 9:00 Non-Denominational Church Service - GTR 9:00 Methodist Shuttle** 10:15 Lutheran Shuttle** 11:30 Musical Guest Bluegrass Friends - DR 2:00 Scenic Drive** 7:00 Movie - TH	21 9:00 Bowling** 9:00 Bible Study - AA 9:00 Men's Bridge - GTR 9:15 Fitness - AS 9:30 Hobby Lobby** 10:30 Texercise - AS 10:30 Bible Study - PDR 12:45 Card Games - GTR 12:45 Rolling Oaks Shopping Mall** 1:00 Duplicate Bridge - LBY11 7:00 Movie - TH	22 9/10:30 Sittercize - AS 9:00 Water Aerobics - PA 9:30 Errand Shuttle Close By** 10:30 Encompass Home Health Talk, Dining As We Age - AA 12:45 Card Games - LBY11 1:00 Beginning Bridge - GTR 1:30 Zumba Gold - AS 3:30 Happy Tails - AA 7:45 Bingo - DR	23 9:00 Bible Study - AA 9:00 Men's Bridge - GTR 9:15 Fitness - AS 9:30 Half Priced Books** 11:00 Chair Yoga - AS 12:45 Bridge & Cards - GTR 1:00 Mexican Train - LBY11 1:30 HEB Wilderness Oak** 3:30 Word of God - LIB11 4:00 Dinner Out To County Line** 6:00 Mahjong - LBY11 7:00 Movie - TH	24 9/10:30 Sittercize - AS 9:00 Water Aerobics - PA 10:00 Embossed & Cut Cards Craft** - AA 11:30 Ballroom Cardio - AS 1:00 Beginning Bridge - GTR 2:00 Lft - Rt - Cntr - PUB 3:00 Episcopal Service - AA 6:30 Hand & Foot - LBY11 7:00 Hot Summer Nights Pool Party - PA	25 9:00 HEB Blanco** 9:00 Men's Bridge - GTR 9:15 Fitness - AS 10:00 Vendor Aivlys Jewelry - PUB 10:30 Texercise - AS 11:15 Line Dancing - AS 11:45 Lunch w/ Friends** - IVY 12:45 Bridge & Cards - GTR 1:00 Catholic Rosary - CHR 2:00 Super Bunco** - IVY 7:00 Movie - TH	26 9/10:30 Sittercize - AS 9:00 Water Aerobics - PA 10:30 Coloring, Crochet & More w/Friends - AA 12:45 Card Games - GTR 1:00 Bridge - LBY11 1:30 Western Movie Hour - TH 7:00 Movie - TH 7:45 Bingo - DR
27 8:10 Church Shuttles** 9:00 Non-Denominational Church Service - GTR 9:00 Methodist Shuttle** 10:15 Lutheran Shuttle** 2:00 Scenic Drive** 4:00 Musical Guest Fein Tuned - PA & GTR 7:00 Movie - TH	28 8:00 Glass Bottom Boat Tour & Rudy's Bar-b-que** 9:00 Bible Study - AA 9:00 Men's Bridge - GTR 9:15 Fitness - AS 10:30 Texercise - AS 10:30 Bible Study - PDR 12:45 Card Games - GTR 1:00 Duplicate Bridge - LBY11 3:00 Trader Joe's** 7:00 Movie - TH	29 9/10:30 Sittercize - AS 9:00 Water Aerobics - PA 9:45 Walmart/Costco** 10:30 Hot Rocks Craft** - AA 12:45 Card Games - LBY11 1:00 Beginning Bridge - GTR 1:30 Zumba Gold - AS 1:30 HEB Wilderness Oak** 7:45 Bingo - DR	30 9:00 Bowling** 9:00 Bible Study - AA 9:00 Men's Bridge - GTR 9:15 Fitness - AS 9:30 Errand Shuttle Close By** 11:00 Chair Yoga - AS 12:45 Bridge & Cards - GTR 1:00 Mexican Train - LBY11 1:30 HEB Blanco** 3:30 Word of God - LIB11 5:30 Mystery Dinner** - PDR 6:00 Mahjong - LBY11 7:00 Movie - TH	31 9/10:30 Sittercize - AS 9:00 Water Aerobics - PA 11:30 Ballroom Cardio - AS 1:00 Beginning Bridge - GTR 2:00 Lft - Rt - Cntr - PUB 2:00 Tea At Two** - GTR 3:00 Episcopal Service - AA 6:30 Hand & Foot - LBY11 6:30 Game Night Trivia** - GTR		