

# January 2026 Independence Hill Activity Calendar

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**“New year—a new chapter, new verse, or just the same old story? Ultimately we write it. The choice is ours.”**  
— Alex Morritt

**Location Key**

AA: Artistic Alley  
AL: Assisted Living  
AS: Aerobic Studio  
BY: Assisted Living Back Yard  
BR: Billiards Room  
CHR: Chorus Room  
CR: Computer Room  
DR: Dining Room  
FC: Fitness Center  
GTR: Gardenia Tea Room  
IV: Independence Village

IVY: Assisted Living Ivy Room  
LBY11: Building 11 Lobby  
LIB11: Building 11 3rd Floor Library  
ML: Main Lobby  
PA: Pool Area  
PDR: Private Dining Room  
PUB: Coffee Pub  
RC: Elite Home Health Resource Center  
RLA: Resident Lead Activity  
RL: Assisted Living Resident Lounge  
TH: Theater  
\*\*: Sign Up Required

**1**  
10:00am Black Eyed Peas at Front Desk!  
12:00-2:00pm-Music in Dining Room

*Happy New Year*

**2**  
9:00 HEB Wilderness Oak\*\*  
9:30 Putting Green Hour - AS  
10:00 Friday Vendor - ML  
10:30 Texercise- AS  
11:30 Strength & Balance - AS  
1:00 Catholic Rosary - CHR  
3:00 Dominos 42/84 - GTR-RLA  
3:30 **Calendar Chat - PUB**  
7:00 Movie - TH

**3**  
9:00 Sittercize- AS- RLA  
10:00 Crafts & Conversation - AA- RLA  
1:00 Crochet & More - LIB11  
2:00 Left, Right, Center, Dice Game - AA-RLA  
2:00 Card Game Spades - PUB-RLA  
7:00 Movie - TH

**4**  
8:50 Holy Trinity Catholic Church\*\*  
8:50 The Fellowship of San Antonio\*\*  
9:30 Non-Denominational Service - CHR  
9:30 Park Hills Baptist Church\*\*  
9:30 San Pedro Presbyterian\*\*  
4:00 Musical Entertainment  
7:00 Movie - TH

**5**  
10:00 Coffee & Conversations- PUB  
10:30 Texercise- AS  
11:00 Laugh & Learn w/ Kathryn - PUB  
**11:45 Lunch w/ Friends - AL - IVY\*\***  
**1:00 Line Dancing - AS**  
**1:00 Lecture On: The Boston Tea Party - TH**  
1:00 Rummy & Cards- GTR-RLA  
1:30 Mexican Train- GTR-RLA  
**2:00 Book Club: Atonement by Ian MC Ewen - LIB11**  
7:00 Movie - TH

**6**  
8:15 Walking Club!-FD - RLA  
8:30 Sittercize - AS  
**9:30 Shopping at Craftiques Mall\*\***  
10:45 Elite Fitness Class - AS  
11:30 Chair Yoga - AS  
1:00 Canasta & Card Games - LBY11- RLA  
1:30 HEB Wilderness Oak\*\*  
2:00 Bingo- GTR  
3:30 Billiards & Beer- BR  
**3:30 Dinner Out: Pesto Ristorante \*\***  
6:30 Hand&Foot&CardGames-LBY11-RLA  
7:00 Movie - TH

**7**  
9:00 Pet Therapy w/ Kim & Abby - ML  
9:00 Blood Pressure Clinic w/ Elite HH- AA  
9:30 Texercise- AS  
10:00 Errand Shuttle - Far Away\*\*  
10:30 Pokeno- GTR  
12:30 Bridge- LBY11- RLA  
1:00 Dance, Stretch & Tone- AS  
**1:30 Tour Around the World: Istanbul\*\* - TH**  
2:00 Grief Support Group - PDR  
**3:00 Bottoms Up: Hot Drinks\*\* - PUB**  
3:30 Cornhole - AS  
4:00 Social Watch- Floor is Lava - PUB

**8**  
10:00 Bible Study With Wendell- CHR  
10:15 Elite Fitness Class - AS  
11:00 Poker- AA- RLA  
12:30 Bridge- LBY11- RLA  
1:00 Dance, Stretch & Tone- AS  
**2:00 Bingo - GTR**  
**3:30 Tasting: National English Toffee Day\*\* - PUB**  
**4:00 Armchair Astronomy, Star Peculiarities\*\* - TH**  
6:00 Hand & Foot & Card Games- GTR- RLA  
7:00 Movie - TH

**9**  
9:00 HEB Blanco\*\*  
9:30 Putting Green Hour - AS  
10:00 Friday Vendor - ML  
10:30 Texercise- AS  
11:30 Strength & Balance - AS  
**11:30 Lunch Out: IHOP & Applebee's\*\***  
1:00 Catholic Rosary - CHR  
3:00 Dominos 42/84 - GTR-RLA  
7:00 Movie - TH

**10**  
9:00 Sittercize - AS- RLA  
**10:00 Painting w/ Friends\*\*-AA**  
1:00 Crochet & More—LIB11  
2:00 Left, Right, Center, Dice Game - AA-RLA  
2:00 Card Game Spades - PUB-RLA  
**2:30 Football Watch Party - BR**  
7:00 Movie - TH

**11**  
8:50 Holy Trinity Catholic Church\*\*  
8:50 The Fellowship of San Antonio\*\*  
9:30 Non-Denominational Service - CHR  
9:30 Park Hills Baptist Church\*\*  
9:30 San Pedro Presbyterian\*\*  
**1:00 Blackjack With Gregory\*\*- PUB (Limit 10 ppl Sign Up Required)**  
4:00 Musical Entertainment  
7:00 Movie - TH

**12**  
10:00 Coffee & Conversations- PUB  
10:00 Nota's Alterations & Jewelry - ML  
10:30 Texercise- AS  
11:00 Laugh & Learn w/ Kathryn - PUB  
**1:00 Line Dancing - AS**  
**1:00 Lecture On: The Wright Brothers and the Race to Be First - TH**  
1:00 Rummy & Cards- GTR-RLA  
1:30 Mexican Train- GTR-RLA  
**1:30 Parman Library\*\***  
7:00 Movie - TH

**13**  
8:15 Walking Club!-FD - RLA  
8:30 Sittercize - AS  
**9:30 Scenic Drive, City View form \*Hillcrest & Willowbrook rd.\*\***  
10:45 Elite Fitness Class - AS  
11:30 Chair Yoga- AS  
1:00 Canasta & Card Games - LBY11- RLA  
1:30 HEB Blanco\*\*  
2:00 Bingo- GTR  
**3:30 Penny Pitching - AS**  
6:30 Hand & Foot & Card Games- LBY11- RLA  
7:00 Movie - TH

**14**  
9:00 Blood Pressure Clinic w/ Elite HH- AA  
9:30 Texercise- AS  
10:00 Errand Shuttle- Close By\*\*  
10:30 Pokeno - GTR  
12:30 Bridge- LBY11- RLA  
1:00 Strength & Balance- AS  
**3:30 Happy Hour Out: COPA Wine Bar\*\***  
4:00 Social Watch- Floor is Lava - PUB

**15**  
**9:30 Shopping at The Rim (Dollar Tree, Hobby Lobby, TJ Maxx) 1.5 Hours\*\***  
10:00 Bible Study With Wendell- CHR  
10:15 Elite Fitness Class - AS  
11:00 Poker- AA- RLA  
12:30 Bridge- LBY11- RLA  
1:00 Dance, Stretch & Tone- AS  
**2:00 Bingo - GTR**  
**3:30 Sing-a-long Karaoke- PUB**  
6:00 Hand & Foot & Card Games- GTR- RLA  
7:00 Movie - TH

**16 Goodwill Dropoff to AA**  
9:00 HEB Wilderness Oak\*\*  
9:30 Putting Green Hour - AS  
10:30 Texercise - AS  
11:30 Strength & Balance - AS  
1:00 Friday Vendor: Marie's Trunk Show-PUB  
**1:00 Bunco - GTR**  
3:00 Dominos 42/84 - GTR-RLA  
**5:45 Bingo with Student Volunteers from Reagan HS - GTR (\$1 per card)**  
7:00 Movie - TH

**17**  
9:00 Sittercize- AS- RLA  
10:00 Crafts & Conversation - AA- RLA  
1:00 Crochet & More - LIB11  
2:00 Left, Right, Center, Dice Game - AA-RLA  
2:00 Card Game Spades - PUB-RLA  
**2:30 Football Watch Party - BR**  
7:00 Movie - TH

**18**  
8:50 Holy Trinity Catholic Church\*\*  
8:50 The Fellowship of San Antonio\*\*  
9:30 Non-Denominational Service - CHR  
9:30 Park Hills Baptist Church\*\*  
9:30 San Pedro Presbyterian\*\*  
**1:00 Blackjack With Gregory\*\*- PUB (Limit 10 ppl Sign Up Required)**  
4:00 Musical Entertainment  
7:00 Movie - TH

**19 MLK Day - “I have a dream”**  
10:30 Texercise- AS  
11:00 Laugh & Learn w/ Kathryn - PUB  
**1:00 Line Dancing - AS**  
**1:00 Lecture On: Revisiting Three Iconic American Speeches: The Words of FDR, JFK, & MLK - TH**  
1:00 Rummy & Cards- GTR-RLA  
1:30 Mexican Train- GTR-RLA  
7:00 Movie - TH

**20 Last Day of Goodwill D/O to AA**  
8:15 Walking Club!-FD - RLA  
8:30 Sittercize - AS  
9:00 Coffee & Conversations- PUB  
**9:30 Witte Museum, COST: \$16 Pay at Venue\*\***  
10:45 Elite Fitness Class - AS  
11:30 Chair Yoga - AS  
1:00 Canasta & Card Games - LBY11- RLA  
1:30 HEB Wilderness Oak\*\*  
2:00 Bingo- GTR  
3:30 Billiards & Beer- BR  
6:30 Hand & Foot & Card Games- LBY11- RLA  
7:00 Movie - TH

**21**  
9:00 Pet Therapy w/ Kim & Abby - ML  
9:00 Blood Pressure Clinic w/ Elite HH- AA  
9:30 Texercise- AS  
10:00 Errand Shuttle - Far Away\*\*  
10:30 Pokeno- GTR  
12:30 Bridge- LBY11- RLA  
1:00 Strength & Balance- AS  
2:00 Grief Support Group - PDR  
**2:15 Coffee, Cake & Champagne Birthday Party- DR**  
3:30 Cornhole - AS  
4:00 Social Watch- Floor is Lava - PUB

**22**  
10:00 Bible Study With Wendell- CHR  
10:15 Elite Fitness Class - AS  
11:00 Poker- AA- RLA  
12:30 Bridge- LBY11- RLA  
1:00 Dance, Stretch & Tone- AS  
**2:00 Bingo - GTR**  
**3:30 Winter Cranberry Margarita Happy Hour!\*\* - PUB**  
**5:00 Chef's Table\*\* PDR Cost: \$40**  
6:00 Hand & Foot & Card Games- GTR- RLA  
7:00 Movie - TH

**23**  
9:00 HEB Blanco\*\*  
9:30 Putting Green Hour - AS  
10:00 Friday Vendor - ML  
10:30 Texercise- AS  
1:00 Catholic Rosary - CHR  
**2:00 Tea at Two\*\* - GTR**  
3:00 Dominos 42/84 - GTR-RLA  
4:00 Tech Time\*\* - CR  
**6:30 Music & Dance w/ DJ Masquerade- AS**  
7:00 Movie - TH

**24**  
9:00 Sittercize - AS- RLA  
**10:00 Painting w/ Friends\*\*-AA**  
1:00 Crochet & More - LIB11  
2:00 Left, Right, Center, Dice Game - AA-RLA  
2:00 Card Game Spades - PUB-RLA  
7:00 Movie - TH

**25**  
8:50 Holy Trinity Catholic Church\*\*  
8:50 The Fellowship of San Antonio\*\*  
9:30 Non-Denominational Service - CHR  
9:30 Park Hills Baptist Church\*\*  
9:30 San Pedro Presbyterian\*\*  
**1:00 Blackjack With Gregory\*\*- PUB (Limit 10 ppl Sign Up Required)**  
4:00 Musical Entertainment  
7:00 Movie - TH

**26**  
**8:30 Randolph AFB BX Commissary\*\***  
10:00 Coffee & Conversations- PUB  
10:00 Nota's Alterations & Jewelry - ML  
10:30 Texercise- AS  
11:00 Laugh & Learn w/ Kathryn - PUB  
**1:00 Line Dancing - AS**  
**1:00 Lecture On: The Bill of Rights Revisited: A Brief Surprising History - TH**  
**1:30 La Cantera Mall (1.5 Hours)\*\***  
1:00 Rummy & Cards- GTR-RLA  
1:30 Mexican Train- GTR-RLA  
**2:30 Symphony & Sips-TH**  
7:00 Movie - TH

**27**  
8:15 Walking Club!-FD - RLA  
8:30 Sittercize - AS  
9:00 Coffee Run: The Mermaid Cafe \*\*  
10:30 Live in Color: Cookie Decorating\*\* - AA  
10:45 Elite Fitness Class - AS  
11:30 Chair Yoga - AS  
1:00 Canasta & Card Games - LBY11- RLA  
1:30 HEB Blanco\*\*  
2:00 Bingo- GTR  
6:30 Hand & Foot & Card Games- LBY11- RLA  
7:00 Movie - TH

**28**  
9:00 Blood Pressure Clinic w/ Elite HH- AA  
**9:30am - 2:30pm Podiatrist\*\* - AA**  
9:30 Texercise- AS  
10:00 Errand Shuttle - Close By\*\*  
10:30 Pokeno - GTR  
**11:30 Cooking Class w/ Tommie\*\*- PDR**  
12:30 Bridge- LBY11- RLA  
1:00 Strength & Balance- AS  
**3:00 Newcomers Social\*\* - GTR**  
3:30 Q&A Health Talk w/ Elite \*\*- GTR  
4:00 Social Watch- Floor is Lava - PUB

**29**  
**10:00 1st Baptist Church Choir-GTR**  
10:00 Bible Study With Wendell- CHR  
10:15 Elite Fitness Class - AS  
11:00 Poker- AA- RLA  
12:30 Bridge- LBY11- RLA  
1:00 Dance, Stretch & Tone- AS  
**2:00 Bingo - GTR**  
**3:30 Tasting: National Corn Chip Day\*\* - PUB**  
6:00 Hand & Foot & Card Games- GTR- RLA  
**6:00 Dessert Out: Shake Shack\*\***  
7:00 Movie - TH

**30**  
9:00 HEB Wilderness Oak\*\*  
9:30 Putting Green Hour - AS  
10:00 Friday Vendor - ML  
10:30 Texercise - AS  
11:30 Strength & Balance - AS  
1:00 Catholic Rosary - CHR  
**1:45 Tom Jackson Historian: Dwight Eisenhower\*\* AL-IVY**  
3:00 Dominos 42/84 - GTR-RLA  
3:00 Tech Time\*\* - CR  
7:00 Movie - TH

**31**  
9:00 Sittercize- AS- RLA  
10:00 Crafts & Conversation - AA- RLA  
1:00 Crochet & More - LIB11  
2:00 Left, Right, Center, Dice Game - AA-RLA  
2:00 Card Game Spades - PUB-RLA  
7:00 Movie - TH